



EI Adult Rider Camp

Glossary

DRESSAGE OPTIONS:

Semi-private lessons: 2 people, regular lesson

Ride and Review: Ride a test of choice and get feedback. Option to ride test again or work on sections

Cavaletti: were invented by [Federico Caprilli](#) and designed to help a horse improve its balance, adjust its length of stride, and to loosen and strengthen its muscles. They are often used in sets of at least four to six placed in a row. Used at their lowest placement as ground rails or at a level no more than about 12 inches (30 cm) high, they can be set to encourage a proper length of stride. By being set closer or farther apart than a horse's natural stride, they encourage lengthening or shortening of the stride. (Wikipedia). Ingrid Klimke and cavaletti <https://www.youtube.com/watch?v=0hC4rcNIhYo>

Caprilli: Prix Caprilli essentially is dressage with 2 or 3 low jumps added as a more complete test of training. Regular transitions, gaits, circles and changes of direction are called for with the addition of either trotting or cantering (as you go up the levels) over the placed jumps.

<https://eventingnation.com/prix-caprilli-for-dummies/>

https://youtu.be/5_S-zV9dho4

Quadrille is a choreographed dressage ride, commonly performed to music, which is often compared to an equestrian ballet or to a drill team. A minimum of four horses are used, although many times more (always in pairs), which perform movements together.

Pas de deux: an equestrian performance using two horses. The horses perform dressage movements, usually mirroring each other, and almost always accompanied by music.

Show Jumping and Cross Country levels: USEA levels for BN through Training.

<https://useventing.com/news-media/news/eventing-tests-introduce-riders-to-the-sport>

"Intro: A horse trial level with maximum height of jumps at 2' (24 inches). Often uses the Beginner Novice dressage tests, but organizers have a choice to also use USDF introductory tests."

Working Equitation: involves four phases—working dressage; ease of handling with obstacles; speed with obstacles; and, in the highest-level events, cattle handling. (Intro and Level 1 at this camp).

<https://horseandrider.com/training/horse-rider-introduction-to-working-equitation>

<https://dressagetoday.com/lifestyle/working-equitation-27166>

Here are some YouTube videos of advanced riders that are fun to watch and VERY impressive!

You'll learn most of the "tests" but do them at walk/trot:

<https://youtu.be/tu3v3H1v8l4>

<https://youtu.be/IKVpz8X9Nss>

<https://youtu.be/lvclNkNjhFE>

Trail riding: There are wonderful trails to explore at the WSHP. For those who would like company there will be guided trail rides by arrangement. We plan to have short and long marked trails for the Camp.

Hunter Pace: will use the marked short/long trails and will end in the Derby field so those who wish can jump small XC jumps or logs (**only** during assigned HP times with safety monitoring).

Show Jumping will take place in the pole arena

Derby Field: The WSHP has a large designated area for XC schooling which includes a water jump, ditches, a bank/drop and a wide variety of natural XC schooling jumps. It provides a safe area for beginners as well as more seasoned riders. It's few minutes walk from the stabling area.